ÖLMÜHLE SOLLING

Coconut chocolate bars

Ingredients required for 4 persons

Preparation time 30 minutes

Difficulty easy

Ingredients

200 g	coconut rasps
3 EL	coconut oil
2 EL	maple syrup
1 TL	vanilla almond spice oil
1 Prise	salt
150 g	milk or dark chocolate

Preparation

Mix coconut rasps, coconut oil, maple syrup, vanilla almond spice oil and salt with a blender. Form small bars and place them in a baking pan or on a plate. Put in the freezer for half an hour. Melt the chocolate in a hot water bath afterwards, immerse the bars and allow to cool in the fridge.

By the way

Recipe by Britta Brand. For more recipes visit www.brittabrand.de