

# Grapefruit raspberry dressing

Ingredients required for 4 persons

**Preparation time** 10 minutes

**Difficulty** easy

## Ingredients

- 30 g raspberries
- juice of one grapefruit
- 5 EL poppy seed oil
- 2 EL raspberry vinegar
- elderflower balsamic vinegar
- 2 EL honey
- salt and pepper
- fresh herbs



## Preparation

Mix raspberries, freshly pressed grapefruit juice, raspberry vinegar, elderflower balsamic vinegar, honey and poppy seed oil in a blender. Season to taste with salt and pepper.

## By the way

A perfect dressing for leaf and raw food salads.