

Lamb's lettuce with strawberries and walnuts

Ingredients required for 4 persons

Preparation time 15 minutes

Difficulty easy

Ingredients

150 g lamb's lettuce
300 g strawberries
50 g walnuts
1 TL coconut flower sugar or cane sugar
3 EL walnut oil
2 EL Crema del Borgo
salt and pepper



Preparation

Wash lamb's lettuce, allow to drip and place in a bowl. Wash the strawberries, remove stalks, cut in half and place in a bowl. Chop walnuts, toast in a pan without oil and caramelize with coconut flower sugar or cane sugar. Add to salad. Prepare a dressing from walnut oil, Crema del Borgo, salt and pepper. Pour over the salad right before serving.