

Spread with feta cheese

Ingredients required for 6 persons

Preparation time 5 minutes

Difficulty easy

Ingredients

250 g feta cheese
50 g cream cheese
2 cloves of garlic
4 EL hemp seed oil
1 TL onion garlic spice oil
1 Bund chives
2 TL lemon juice
1 TL cane sugar
1 Prise salt



Preparation

Peel and roughly chop the garlic cloves. Wash chives and chop. Mix all ingredients except the chives and blend to a creamy paste. Stir in 2/3 of the chives, top off with the rest.